Student Services

Drumming and Creativity

Playing the drums makes the brain think in a way that very few activities can. This workshop will focus on a series of hand drumming activities that will exercise our brains, as well as our bodies. Participants can expect to learn the basics of hand drumming, and play with different rhythms that improve our coordination, dexterity, and mental agility-- the pathway to creativity!
No drumming experience required. Drums provided.

Tuesday, Feb 12, 2:30 - 4 pm

Multi-faith Chaplaincy, 2090 Mackay

For more info or to sign up, contact Laura:
laura.gallo@concordia.ca

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